



annual
report
2009



July 1, 2008
June 30, 2009

Mission & Vision

Mission

**Helping people meet life's challenges
by providing the skills, support and hope
needed for effective, fulfilling lives.**



Vision

What if? People around you do everything they can to *acknowledge* you. They greet you by name, shake your hand, make eye contact, maybe give you a hug.

What if? People you encounter make it a point to show their *appreciation* for you and the things you do. You are thanked, complimented and encouraged.

What if? People around you pay *attention* to you. They find ways to be helpful and kind. They attend to your basic needs. They ask for your opinions, your hopes and your dreams.

What if? The same people who acknowledge, appreciate and attend to you demonstrate by their actions that they respect and accept you unconditionally.

Cornerstone is working to become a place where people know that they matter by the way they are acknowledged, appreciated, and have their needs attended to. A place that understands hope generates action and action leads to change. We do this work because we believe everyone deserves to know that they matter. That's why we call our vision

You matter.

Board of Directors

Members of the Board of Directors for 2009-2010 are:

David Penn

President

*Schmiedeskamp, Robertson, Neu
& Mitchell*

Kathy Fauble

First Vice President
Western Illinois AHEC

Darla Rischar

Second Vice President
Kohl Wholesale

Mark Strieker

Treasurer
Continental Cement Company

Mary Jo Viau

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*Schmiedeskamp, Robertson, Neu
& Mitchell*

Anita Failor

Wade Stables PC

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Blessing Hospital

Emily Lepper

Quincy Public Schools

JoAnn McLaughlin

John Wood Community College

Chuck Mahon

Winters Insurance Group

Theresa Oakley

SIU Family Practice Center

Kevin Reller

Mercantile Financial Services

Donna Smith

TNT Action Sports

Eric Thomas

ETC ComputerLand

Ann M. Titus

Artist

Fr. Joe Zimmerman

Quincy University



Past President's Message

Dear Friends,

As you know, we have dealt with one of the most difficult financial times in state history. As many of our programs are state-funded, this is made it very difficult on the organization. We have built on the strength of our incredible staff and our continued focus on our mission statement to do the best we can with our situation. We have taken our challenge to greater lengths and vow to continue the high level of service to our clients even though state funding is highly volatile.

Our mission of helping people meet life's challenges by providing the skills, support and hope needed for effective, fulfilling lives is even more appropriate with economic issues on the local and national fronts. This mission keeps us in check and focused on our clients. We will continue our work on our vision of acknowledging and appreciating all those we touch as we believe everyone deserves to know that they matter.

I want to express my sincere thanks to the staff and board of Cornerstone in these incredibly difficult times. I pass the presidency to the very talented Mr. David Penn and wish the greatest of successes in providing the very best mental health services to our clients for this year and years to come with his leadership. Special thanks to John Hirner for his tireless efforts and a special mention for Ann Titus, who again gave most generously of her time and knowledge to the organization.

Faced with cost cuts, reduction in giving by our donors and the general sentiment of the population and their outlook on our national economy, Cornerstone will persevere and continue to focus on our vision of "You Matter".

Eric A. Thomas

In Our Clients Words

Feedback from our clients is important. Here are some of their comments from last year.

"I feel much more comfortable with my situation and feel like I have much more control over the situation. Our counselor was AWESOME."

"It has given me the ability to believe in myself more and in turn to trust others. I feel free to express my concerns as well as my joys with my family."

Current President's Message

YOU MATTER...now more than ever. Cornerstone: Foundation for Families continues to offer valuable, needed, and unique services to Adams County residents which help people meet life's challenges by providing the skills, support, and hope needed for effective, fulfilling lives. This is our mission and we need your help to continue our pursuit.

Despite the challenges we face and the difficult decisions we have made to strengthen the long-term position of the organization, we remain eager and devoted to providing services to homeless youth, at-risk children, individuals, employees, parents and grandparents in need of support in meeting life's daily challenges.

The lifeblood of our organization remains our dedicated staff. The Board thanks each of them for their continued service. Further, we believe we are positioned to meet our challenges through the able leadership of our executive director, John Hirner.

We also want to express our gratitude to you, our supporters and benefactors. For over 60 years, your support has guaranteed that Cornerstone is here to provide needed services that help our community become a better, safer, and healthier place to live. Thank you.

Together, we can we provide hope and assist in letting every person know that at Cornerstone, YOU MATTER.

Sincerely,

David G. Penn



Staff

Executive Director

John W. Hirner, MSW

Clinical Supervisor

Ellen Rigor, MSW, LCSW

Business Manager

Chad Stupavsky, BS

Therapists

Angie Barton, MA, LPC*

Gina Brunetti-Miller, MS Ed. LCPC*

Lindsey Davis, MS, LAMFT

Verda Haiducek, MS Ed., LCPC*

Ellen Rigor, MSW, LCSW

Mary Shaw, MS, LPC, NCC

Caseworkers/Parent Educators

Kris Hendren, BS

Raquel Kroencke, BS

Amanda Lashbrook, BSW

Quinn Leath, BS

Melissa Sorrill, BS

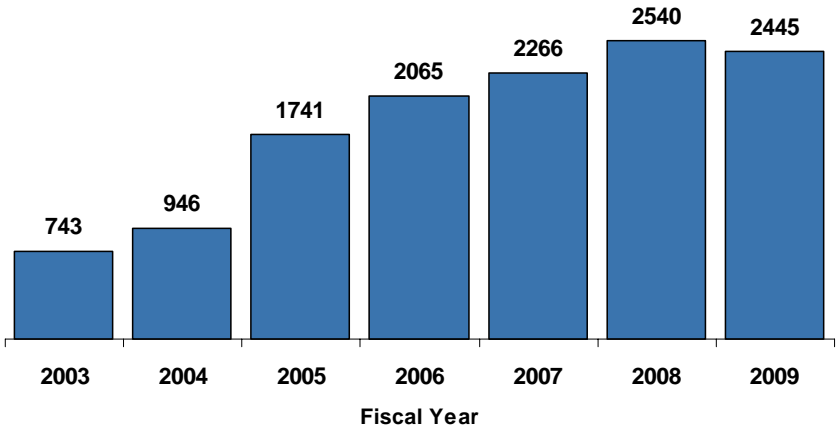
Support Staff

Sarah Henry

Stephanie Prewitt

** denotes part-time*

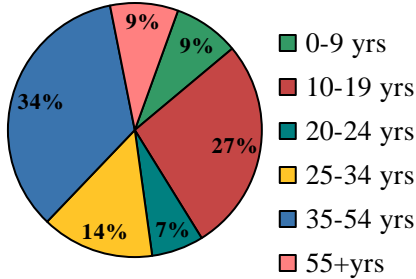
Total Clients Served



Who We Served

Cornerstone served 2,445 clients in FY2009. This represents a 3% decrease in clients served compared to the preceding fiscal year. All of the decrease occurred in our caseworker services where funding has been reduced by state agency funders. Below are some key demographics of the clients we served.

Clients by Age

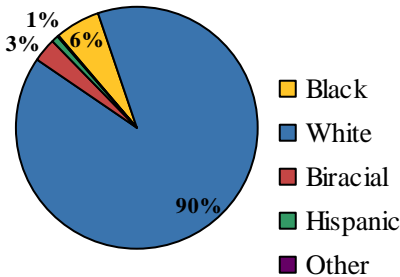


New demographic brackets are added this year to be consistent with United Way reporting requirements.

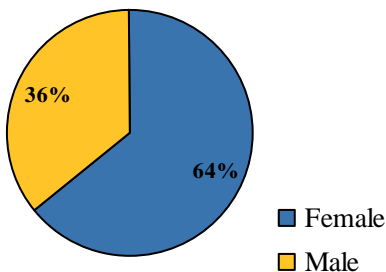
These new brackets for Age and Race make year to year comparison difficult.

We continue to see growth in clients age 35 and older. This reflects better engagement of parents and more mental health service to seniors.

Clients by Race



Clients by Gender



These results are consistent with prior years. Women are twice as likely as are men to seek help for themselves or a family member.

Counseling Services

Cornerstone provides counseling services to individuals, families, and children. Our therapists employ a *Client-Directed Outcome-Informed* approach to treatment. This simply means that we utilize the client's feedback to direct therapy, and we monitor progress from session to session. We believe in people's ability to overcome life's challenges. We also believe most clients will see positive change within the first three sessions.



Our **Comprehensive Youth Services** program provides free counseling services to children under the age of 18 who have social, emotional or behavioral problems. Many of these services are provided within schools, where children who might not otherwise be able to come to the office can still receive services.

The **Employee Assistance Program** serves employees of local companies who have contracted with Cornerstone to provide short-term counseling services to employees and their family members. EAP services are designed to meet the needs of individual employers and its employee workforce.

Intensive counseling and case management services are provided to families with adopted children through the **Adoption Preservation Program**. The goal of this program is to help adopted families resolve conflict and reduce stress in order to keep the family intact and the adoption placement stable.

The agency also provides intensive counseling services to children and families referred by the **Department of Children and Family Services** and the **Juvenile Probation Department**.

Thanks to United Way funding, we are able to provide services on an ability-to-pay basis using a sliding scale formula for individuals without health insurance.

80% of counseling clients reach their treatment goals in seven sessions.
The average length of treatment is four months.

Casework Services

Cornerstone offers four unique programs that provide support services to targeted youth and families. A description of these four programs and their target populations include:

Community-Based Educational Enrichment offers short-term casework aimed to improve school attendance in children between kindergarten and grade 6.

Extended Family Support is a short term service to help relative caregivers obtain guardianship of children in their home.

First Steps is a home-based service for new parents that promotes positive parenting and child health and development.

The **Opportunities** program provides casework to prevent homelessness for youth ages 18-22. Caseworkers assist youth with independent living skills and educational planning.



In collaboration with **YWCA**, caseworkers provide parent education and life skills training for women in the Supportive Housing Program.

Two programs, **CrossRoads** and **Unified Delinquency Intervention Services**, were discontinued this year due to lack of funding. Both of these programs aimed to keep at-risk youth from involvement in the juvenile justice system.

100% of clients served last year were satisfied and recommend Cornerstone's casework services.

Psychiatric Services

Dr. Carolyn Seifert and Reggie Westhoff, APN, provide psychiatric assessment and medication management to individuals of all ages.

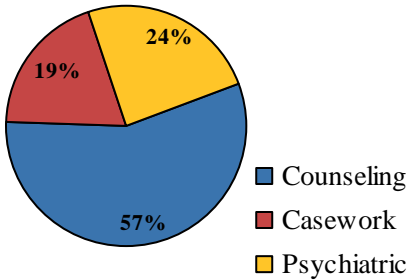
Nearly 600 people received psychiatric care at Cornerstone last year.

Services by Program

The following graph illustrates the number of clients served by each service in proportion to the total number of clients served (2,445) in the fiscal year.

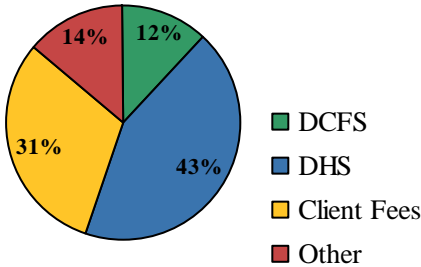
The following graphs show the proportion of clients served for each service by funding source.

Clients by Service



Cornerstone counseling services continue to grow as a proportion of our agency activities. Compared to the previous fiscal year, counseling services account for 3% more clients than last year.

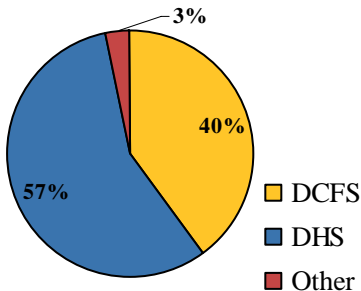
Counseling Clients by Funding Source



Psychiatric Services remained stable compared to the previous year.

Cornerstone has sought to increase private funding for counseling services. 55% of counseling services were paid by individuals, insurance companies and Employee Assistance Programs last year.

Casework Clients by Funding Source



97% of casework services are funded through contracts with the Departments of Children and Family Services and Human Services.

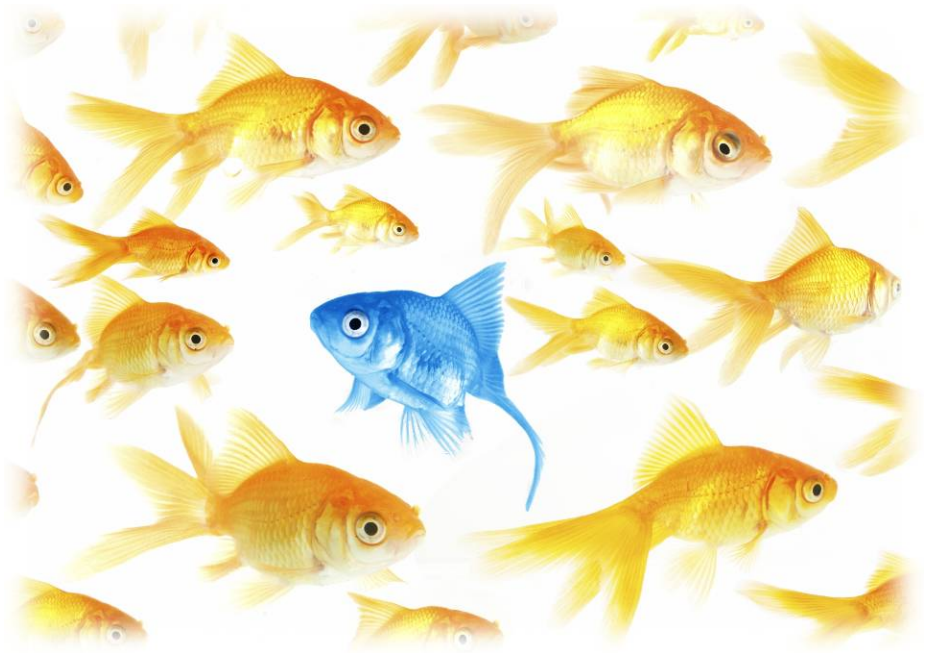
The information below is based on FY2009 audit completed by Gray Hunter Stenn LLP.

Revenues

Contributions and Fund Raising	\$66,927
United Way of Adams County	\$61,342
Government Revenue	\$682,988
Client Fees	\$196,333
Gains on Investments	(\$507)
Miscellaneous Revenue	\$1,120
Total Revenue	\$1,008,203

Expenses

Salaries	\$549,471
Payroll Taxes and Benefits	\$102,583
Professional Fees	\$160,429
Program Supplies and Communication	\$25,277
Occupancy and Insurance	\$36,554
Conference and Travel	\$30,607
Specific Assistance to Individuals	\$71,153
Memberships and Subscription Fees	\$2,116
Miscellaneous	\$8,548
Special Events	\$10,364
Bad Debts	\$9,328
Interest Expense	\$3,429
Total Expenses (Before Depreciation)	\$1,009,859
Depreciation	\$30,064
Total Functional Expenses	\$1,039,923
Excess (Deficit)	(\$31,720)
Excess (Deficit) Before Depreciation	(\$1,656)



You matter.



915 Vermont
Quincy, Illinois 62301

Phone: (217) 222-8254
Fax: (217) 222-4512

Online at: www.cornerstone-quincy.org